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The Peace School Celebrates 35 Years of Breathing Peace

Building World Peace, One Person at a Time

Chicago (April 4, 2007) – The Peace School celebrates 35 years of Building the Peace in Chicago at a free Open House on Saturday, June 23, 2007, 11 a.m. – 4:30 p.m., at 3121 North Lincoln Avenue. The Peace School invites all past and present members and visitors to meet the instructors and staff, tour the beautiful and spacious facilities, and preview classes geared to building inner peace. A short program beginning at 2:00 p.m. will include comments on the School's history and plans for the future, the story of Peace Day, and memories of its dynamic founder, the late MyungSu Y.S. Kim. The day will conclude with the Call to Peace observance and the sending of wishes, thoughts and prayers for peace to every world nation.

“Every human being has the ability to become a person of peace and harmony,” says Charles Kim, President and Chairman of the Board of The Peace School, and son of the late Founder, “and every human being is important to the peace-building process on a global scale.”

The Peace School, which opened its doors in Chicago in 1972, conducts classes at its headquarters, as well as ongoing programs at nursing homes, senior centers, adult education centers and a number of suburban park districts. The Peace School also conducts workshops for teachers, school children, corporations, government offices and community groups, with stress reduction being among the most popular of its workshop topics.

Ivy I. Anderson, a member for ten years, comments, “In my 'day job,' I am frequently overextended. So, I typically arrive at The Peace School stressed, tired, and many days, overwhelmed by a mountain of commitments I have made for myself. When I leave, I have released those negative energies, and I feel renewed and full of positive energy again. That feeling of renewal is priceless to me.”

The Peace School is proud to be the originating sponsor of Peace Day in Chicago, which began in 1978. For many years, The Peace School worked to promote Peace Day across the country, receiving proclamations from governors in all 50 states and

mayors in over 530 major U.S. cities. For its work during the International Year of Peace in 1986, The Peace School was named a Peace Messenger organization by the United Nations for its “significant and concrete contributions” to world peace.

"Today, The Peace School continues to set goals for new corporate programs and workshops for clubs and organizations," says head instructor and education coordinator Jennifer Kim. "We also look forward to promoting the positive side of peace building at this year's Peace Day event in Daley Plaza on September 21, reaching a wider audience than ever before."

All are welcome to the anniversary celebration. For more information, call 773-248-7959 or visit www.peaceschool.org.

The International Association for World Peace, known as The Peace School, 3121 N. Lincoln Ave., Chicago, is a non-profit, educational organization teaching a unique blend of exercise, meditation and peace breathing that nurtures internal and external harmony in respectful coexistence with all living things. By helping individuals attain peace in body and mind, The Peace School is laying the foundation for a broader peace in our families, schools, communities, nations and world.